

The Sandwich Generation Getting Help as a Caregiver

Presented by Carl Archer, Certified Elder Law Attorney, Managing Attorney for the Archer Brogan Elder Law & Estate Planning firm

The term "The Sandwich Generation" refers to young to middle-aged adults who are simultaneously raising children and supporting their aging parents. More than 1 in 10 parents in the United States also care for an older adult, spending about 3 hours each day on caregiving duties between their children and parents. Being a sandwich generation caregiver can be exhausting, expensive and emotional: juggling it all isn't easy, but there are ways to make it easier.

RSVP by Friday, June 16th



Join us for this FREE Community Event

Wednesday, June 21st

5:00 - 5:30 p.m. Registration & Dinner 5:30 - 6:30 p.m. Presentation

Being Held at:

Artis Senior Living of Princeton Junction 861 Alexander Road, Princeton, NJ 08540



To RSVP • Scan QR Code

• 609-250-2174

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Check out our other nearby community in Yardley, PA. **TheArtisWay.com/PrincetonEvents**